

Massage Clinic Edmonton

Introduction :-

We Provide High quality, Patient centered, Evidence based, Holistic approached Physical Therapy as well as Rehabilitation services not only to get relieved from pain but also to improve your quality of life

massage center edmonton

painful conditions :

Massage Therapy is needed for people with painful conditions, sore or tight muscles, headaches as well as stress. Massage Therapy increases blood flow to the skin, muscles, ligaments, capsules and other tissues. It helps in relieving pain as well as soreness because Massage Therapy stimulates the brain to secrete natural pain-relieving opioids such as endorphin and enkephalin.

Deep tissue massage aids in releasing tight bands / knots in the muscles. It also improves your flexibility and decreases the stiffness of your body as a whole.

Our Massage Therapists are Registered members in Massage Therapy Association in Canada.

Our Registered Massage Therapists (RMT) will carefully assess and treat you in a safe, private and comfortable room. Our RMTs have excellent

Hands-on Skills and offer many different types of Massage Therapy services such as

- 1. Deep Tissue Massage**
- 2. Therapeutic Massage**
- 3. Pain and Trigger Point Therapy & Massage**
- 4. Pre- and Post-Natal massage**
- 5. Myofascial Release**
- 6. Manual Lymphatic Drainage**

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